

## Trimester 3 Scheduling Reminders

March 12

Start of Tri 3

**Counselors CAN help make sure you have:**

- The right amount of classes
- The right core classes

**Counselors cannot:**

- Swap elective for elective
- Put classes in a preferred order

Counselors are available at snack, lunch & afterschool, including finals days.

# MCHS COUNSELING NEWSLETTER

The Sun Center Family is pleased to welcome a new Sundevil... Mrs. Lindsey's daughter, Hazel Beth Lindsey. Born 12/30 at 1:14 a.m. 8 pounds 6 oz. Mom, Dad, big brother and Hazel are all doing well.



We are fortunate to have Ms. Heather Caffery filling in for Mrs. Lindsey while she is out on maternity leave. Ms. Caffery interned with us at MCHS two years ago and she has been a fantastic addition to our team. Mrs. Lindsey plans to return after the February break.

# Sun Center News

February 2012

Mt. Carmel High School

## MCHS Counselors

**Kim Bronson** A-F

kbronson@powayusd.com

**Dena Tracanna** G-M

dtracanna@powayusd.com

**Diana White** N-T

dwhite@powayusd.com

**Lori Lindsey** U-Z, AVID/ELL

llindsey@powayusd.com

## Guidance Technicians

**Diana Fisher**

dfisher@powayusd.com

**Barbara Tomicich**

btomicich@powayusd.com

## **COURSE SELECTION for 2012-13 goes ONLINE**

This year, beginning in mid-March, our students will begin the process of selecting courses for the 2012-2013 school year. We are excited to announce that students will be selecting their courses online this year through our District's new student information system, Genesis. It is not too early for students to stop by the Sun Center if they have questions about which courses to take next year based on their personal goals and plans for after high school. Students will be given a tutorial on how to read their transcript, how to complete a Course Selection Worksheet and how to access the online Course Selection tool in their homeroom class in March. Course descriptions, sample 4-year plans and many other resources will be available on our newly designed website under the Counseling Tab. Stay tuned for more details....

# MCHS COUNSELING NEWSLETTER

All forms of Financial Aid, and scholarships require completion of the FAFSA as the first step.

FAFSA

[www.fafsa.ed.gov](http://www.fafsa.ed.gov)

- Apply for a PIN
- Students and Parents EACH need a PIN to electronically sign the FAFSA
- Print out the worksheet
- Complete the FAFSA
- Deadline March 2, 2012

This is the new link for Naviance. Click this button, on our newly designed website, to link to scholarships.

<http://www.powayusd.com/pusdmchs/>



These are just a few of the scholarships listed on Naviance/Family Connection, most have February or March deadlines, so don't delay.

ASIA PACIFIC FUND: Multiple scholarships from **\$1,000 to \$20,000**, multiple deadlines. <http://www.asianpacificfund.org/information-for-student-applicants>

FORD SALUTE TO EDUCATION: **LOCAL** San Diego County, one hundred \$1,000 scholarships and a new car. Deadline: February 17, 2012 <http://salutetoeducation.com/>

BUICK ACHIEVERS SCHOLARSHIP: **\$2,000 – \$25,000**. Deadline February 29, 2012 <http://www.buickachievers.com/>

## MONEY FOR COLLEGE

February 2012

Mt. Carmel High School

### SCHOLARSHIP SEARCH CLUB

Come to the Sun Center on Late Start Friday Mornings, search with your friends or get help from Sun Center staff.

7:30—8:50

February 3

February 10

March 2

March 16

March 23

**The Best Source of funding is from the College/University you will be attending!**

### **SEMINAR** Shrinking the cost of college

Tuesday, February 28  
6:30 MCHS PAC

With Lynn O'Shaughnessy

- Lynn O'Shaughnessy is a best-selling author, journalist, speaker and a nationally recognized expert on college planning.
- Lynn, a former Los Angeles Times reporter, has written and been interviewed about college issues for such national media outlets as The New York Times, Wall Street Journal, The Early Show on CBS, Business Week, Consumer Reports, Newsweek, Associated Press, Huffington Post, Fox Business, Money Magazine and Parade Magazine.
- She writes a college blog for The College Solution (her own site), as well as for CBS MoneyWatch and US News & World Report.

How do you get  
**PRIORITY**  
REGISTRATION at  
PALOMAR COLLEGE ?

**EAP**

## EARLY ACCEPTANCE PROGRAM

Sign up in the Sun Center for EAP  
Testing in the Computer Lab  
February 28

# MCHS COUNSELING NEWSLETTER

Palomar Early Acceptance Program (EAP) makes the transition to college quicker and easier. Representatives from Palomar will be testing students at MCHS Computer Lab on February 28. To participate you must **1st APPLY ONLINE** at [www.Palomar.edu](http://www.Palomar.edu) and obtain a Palomar Student ID number. Then come to the Sun Center and sign up for the test.

## Sun Center Job Board and Student Tutors

Currently postings from local hi tech industry employers and SeaWorld are available, as well as postings for local babysitters and tutors.

The Sun Center Maintains a list of Students available to tutor other students in a variety of subjects.

# OPPORTUNITIES

February 2012

Mt. Carmel High School

**Community  
College Night**  
at Del Norte High  
School

Monday, February 27  
6 pm - PAC

Are you a person who likes to be active? Is the idea of sitting in a chair at work NOT for you? Check out the **Cal Apprenticeship** website: <http://www.calapprenticeship.org/> Apprenticeships offer the opportunity for you to get opportunities on this site. From Machinists to Pastry Chefs and Automotive Technicians to Electricians, there are truly opportunities for every interest and skill.

**Tradeswomen, Inc.**, California's first organization for women in the trades, was founded in 1979 as a grassroots support organization to promote and support women in the trades. <http://www.tradeswomen.org/index.shtml>  
Benefits to being a skilled tradesman/tradeswoman:

- Become skilled in a trade, and get paid to do it - "Earn While You Learn!"
- Nationally recognized credential - Completion of Apprenticeship Certificate
- Pride and Dignity
- Full time employment with career placement built-in
- Progressively increasing wage with excellent benefits
- Opportunity for college credit and/or Associate Degree
- New "green" job opportunities

